

The Race!



Looking for a fun activity to promote teamwork and fitness? The Rheanna Bowl is a relay race divided into four sections and takes a team of six to complete. The race will be held June 11, 2017 at the RE/MAX Field (formerly Edmonton Ball park.)

Schedule:

- Doors open at 10:30a.m.
- First round of races- 11:05a.m.- 12:40p.m.
- Second round of races- 12:50p.m. – 1:35p.m.
- Third round of races- 1:45 p.m.- 2:05 p.m.
- Break- 2:05p.m.- 2:30p.m.
- Semi- Finals 2:30 p.m. – 2:45 p.m.
- Finals- 2:45p.m.- 3:00 p.m.
- Award presentation and speeches 3:00p.m.- 3:30p.m.
- 3:30p.m.- 5:00p.m. Axe throwing and obstacle course will open to the public

1. 95 Ft. Inflatable Obstacle Course The first two team members will work together to complete this obstacle course from start to finish. One teammate will lead the other teammate blindfolded. When they reach the end line, teammate number three will attempt to ride a mini tricycle through twists and turns to the next leg of the race.

2. The Zorb Ball Collision Course The fourth teammate enters their zorb ball and will have their legs tied together. They must try to roll or hop through the 100 Ft. track that has obstructions, varied terrain, and a crash point that makes for a bumpy ride. Once the player has reached the end and is fully out of the zorb ball, the next two players can advance to The Blob.

3. Race to the Top (The Blob) The last two members will find their spot on one of the four sides of The Blob. The objection of this game is to take your designated coloured bean bag and race against the other team to place the bag at the top of the blob. They must then climb back down so that the other teammate can do the same. Once both team members have placed their bean bags at the top and removed themselves from the inflatable, the time will stop.

4. Axe Throwing (Bonus Round) Teams will select one player who will throw an axe at the target for an opportunity to shave seconds from their finish time. The closer they get to the bullseye; the more time will be taken off.

Note: If weather does not permit, we will postpone The Rheanna Bowl until June 18, 2017.